

## Product Spotlight: Tomato

Although tomatoes are fruit, they are more like vegetables nutritionally. Keep them on your benchtop for a rich, ripe flavour.

# Chicken Nacho Share Plate

Crispy corn tortilla strips topped with Mexican chicken, fresh salsa and Heavenly Nachos dip; served with corn cobettes and lime.



Warm it up!

Add the corn kernels, diced capsicum and tomato to cook with the chicken. Add a tin of crushed tomatoes and extra spice to make a stew. Use the tortilla strips for dipping!

16 September 2022

### FROM YOUR BOX

CORN COB	1
BROWN ONION	1
CHICKEN MINCE	300g
TOMATO PASTE	1 sachet
GREEN CAPSICUM	1
ΤΟΜΑΤΟ	1
LIME	1
TORTILLA STRIPS	1 bag
HEAVENLY NACHOS DIP	1 tub



# **1. CHAR THE CORN**

Heat a griddle pan or frypan over high heat (see notes). Coat corn with **oil, salt and pepper**. Cook, turning occasionally, for 8-10 minutes until charred (see step 5).



## **2. COOK THE CHICKEN**

Heat a frypan over medium-high heat with oil. Dice and add onion along with chicken. Stir in 1/2 tsp dried thyme, 1/2 tbsp cumin and 1/2 tbsp smoked paprika. Cook for 5 minutes until fragrant.



## **3. SIMMER THE CHICKEN**

Stir in tomato paste and **1/4 cup water**. Simmer for 5 minutes until cooked through. Season to taste with **salt and pepper**.

## FROM YOUR PANTRY

oil for cooking, olive oil, salt, pepper, dried thyme, ground cumin, smoked paprika

#### **KEY UTENSILS**

large frypan or griddle pan, frypan

#### NOTES

You can add the corn to the chicken or keep it fresh in the salsa if you only want to use one pan!



# **4. PREPARE THE SALSA**

Dice capsicum and tomato. Toss with zest and juice from 1/2 lime (wedge remaining) and **1/2 tbsp olive oil**.



## **5. FINISH AND SERVE**

Cut corn cob into cobettes. Arrange tortilla strips on a large serving plate. Top with chicken, dollops of nacho dip and scatter with salsa. Serve with corn cobettes and lime wedges.

